

1

Work Injury Rehabilitation

Work Injury Rehabilitation

Evaluation of the injured worker may require a functional capacity evaluation (FCE). The findings serve as a baseline of physical performance capacity at the workplace. If significant deficits of physical performance are revealed a course of work conditioning /work hardening may be implemented. The approach may improve postural retraining and a course of specific exercises. An onsite or simulated job analysis may be recommended to help design the best therapeutic approach. A workplace assessment may be used to provide further insight into rehabilitative requirements and to assist in the implementation of preventive measures.